

Catalpa Health Intensive Outpatient Program

Please see below to help you to decide whether your client is a good fit for our program:

- A primary psychiatric diagnosis of **mental illness or severe emotional disorder**.
- The child is in 7th-12th grade.
- The child has participated in 2-3 previous attempts in therapy related mental health services
- The child or adolescent exhibits significant dysfunction in two or more basic domains of his/her life (e.g., social, emotional, behavioral, physical, educational).
- The child or adolescent may be in need of transition from a more restrictive treatment setting (e.g., hospital, residential treatment center or other institutional setting).
- The child or adolescent may be in a period of acute crises or other severe stress and would be at high risk of hospitalization or other institutional placement.
- The client has the cognitive abilities to learn, understand, and can benefit from the program.
- The individual has daily living skills (e.g., hygiene, toileting, dressing, etc.).
- The client can either provide their own transportation or have an alternative means of consistent and reliable transportation.
- The client and parent(s) are willing to fully participate in the programming (including group, individual and family therapy)

Below are presenting issues or obstacles in a child's current functioning that would prohibit them from reaching full benefit from our Intensive Outpatient Program. If you have further questions about the criteria, please contact Dr. Erin VandenLangenberg at (920) 750-7000.

- Intellectual disability
- Sexual perpetrators
- Significant medical issues
- Conduct disorders (primary)
- AODA (primary)
- Eating disorder (primary)
- Intermittent Explosive Disorder