

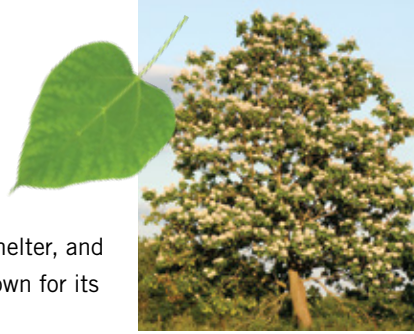
Catalpa Health is dedicated to improving pediatric mental health. Our experts provide seamless, compassionate care to Fox Valley area youth and their families.

**OUR SERVICES:**

- Diagnostic evaluation for autism, ADHD and other mental health disorders
- Medication management
- Individual, family and group therapy
- Neuropsychological testing

**WHY CATALPA?**

Our namesake – the catalpa tree – is recognized as a symbol of strength, shelter, and protection, and is known for its heart-shaped leaves.



Catalpa Health is a one-of-a-kind, not-for-profit organization that specializes in building mental health and wellness in kids from birth through age 18 across the Fox Valley and northeastern Wisconsin – giving them the strength, courage and support they need to move toward a brighter tomorrow.



**ACCESS CENTER**

442 N. Westhill Blvd. Appleton, WI 54914

**TREATMENT CENTERS**

444 N. Westhill Blvd. Appleton, WI 54914

540 N. Koeller St., Oshkosh, WI 54902

815 W. Fulton St., Suite 6, Waupaca, WI 54981

Main: 920.750.7000 • 877.235.9777 (toll free)

Billing Questions: 800.908.9997 (toll free)

24/7 Medication Refills: 920.750.7013

For directions  
and current office hours, please visit:

[catalpahealth.org](http://catalpahealth.org)

[www.facebook.com/catalpahealth](http://www.facebook.com/catalpahealth)



**MENTAL HEALTH  
& WELLNESS FOR KIDS**





## WELCOME TO CATALPA HEALTH

At Catalpa Health, we know kids. We see their worries, their wishes, the pressures they're under. We understand how mental wellness issues can affect a child's future and weigh heavy on a family's heart.

*Let us help lift the burden.*

## COMPASSIONATE EXPERTS

Catalpa Health providers specialize in pediatric mental health. Based on your child's needs, your care team may include one or more of these specialists:

A **mental health therapist** evaluates and treats mental health challenges through individual, family or group settings. The therapist will conduct an evaluation to help determine your child's needs and develop a treatment plan with input from parents/guardians. The therapist may also refer your child to a psychiatrist or psychologist.

A **psychiatrist** is a licensed physician who evaluates mental health challenges and treats them with medication when the symptoms are deemed serious enough.

A **psychologist** can diagnose mental health challenges, conduct psychological testing and provide recommendations for future treatment. Often, psychologists are consulted to help clarify a diagnosis and develop a treatment plan that will best fit each child's needs. They do not prescribe medication.

**Group therapy** is often beneficial to teens and kids by providing support from others going through similar situations. Groups are led by a therapist who has experience working with teens and kids and is able to maximize the group's benefit.



## FULL RANGE OF CARE

Whatever your child struggles with, we can help. Our specialists care for a variety of emotional and mental health concerns, including:

- Attention deficit disorders (ADD/ADHD)
- Depression
- Anxiety disorders
- Bipolar disorder
- School underachievement
- Behavior problems
- Anger management
- Grief issues
- Relationship issues (bullying, etc.)
- Sexual, psychological or physical abuse
- Emotional trauma
- Family issues (divorce, etc.)
- Psychological / neuropsychological testing



## PARENTS/GUARDIANS

This can be a difficult journey. We understand, because we are parents, too. Catalpa Health is here to help and give you hope. Our experts can provide answers, starting with an accurate diagnosis for your child. Then we'll design a personalized treatment plan that includes your ongoing input. We can also work with your child's school district and other community agencies to ensure that your family is getting the help needed in every aspect of daily life.

While we specialize in treating children, we know sometimes parents and guardians need support, too. Catalpa Health works closely with local clinics and agencies to refer parents and guardians to the best place to receive care. Much like the catalpa tree we're named after, we strive to shelter and protect everyone who comes to us for hope and healing.



## INSURANCE

We believe every family should have access to quality care. Catalpa Health contracts with most major health insurers. To find out if your insurance is accepted, call the number on the back of your insurance card prior to your appointment to determine if Catalpa Health is an in-network provider. If we do not contract with your specific insurance provider, we will work with you to make sure your child receives the right care at the right time.

